

Superserien 1996

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|------|--------------------------------|-------|
| 4/5 | Göteborg - Kristianstad | 8-20 |
| 5/5 | Limhamn - Örebro | 8-0 |
| 6/5 | Solna - Stockholm | 0-34 |
| 11/5 | Göteborg - Limhamn | 6-19 |
| | Uppsala - Solna | 24-0 |
| 12/5 | Kristianstad - Örebro | 47-0 |
| 19/5 | Limhamn - Kristianstad | 14-27 |
| | Stockholm - Uppsala | 12-3 |
| | Örebro - Göteborg | 24-12 |
| 25/5 | Göteborg - Solna | 47-6 |
| 26/5 | Kristianstad - Uppsala | 35-21 |
| | Örebro - Stockholm | 23-28 |
| 1/6 | Uppsala - Göteborg | 18-0 |
| 2/6 | Solna - Örebro | 36-6 |
| | Stockholm - Limhamn | 0-32 |
| 15/6 | Göteborg - Stockholm | 26-18 |
| 16/6 | Kristianstad - Solna | 57-6 |
| | Limhamn - Uppsala | 31-6 |
| 29/6 | Stockholm - Kristianstad | 10-57 |
| 30/6 | Solna - Limhamn | 12-32 |
| | Uppsala - Örebro | 35-0 |
| 6/7 | Göteborg - Örebro | 54-15 |
| | Uppsala - Stockholm | 15-39 |
| 7/7 | Kristianstad - Limhamn | 40-36 |
| 13/7 | Limhamn - Göteborg | 28-0 |
| | Örebro - Kristianstad | 7-69 |
| 15/7 | Solna - Uppsala | 6-17 |
| 20/7 | Stockholm - Solna | 48-18 |
| 21/7 | Kristianstad - Göteborg | 45-10 |
| | Örebro - Limhamn | 0-6 |
| 27/7 | Uppsala | 41-20 |
| | Semifinal: Stockholm - Limhamn | 8-22 |
| 18/8 | Limhamn | 20-14 |